DRAFT GOAL


DIG DEEPER

Why is this goal so important to me?


Why do I want to make this goal right now?


What do I hope to accomplish by making this goal?


MAKE IT S.M.A.R.T.

SPECIFIC. Break it down.


MEASURABLE. How often can I engage my goal?


ACHIEVABLE. How will this work with my schedule?


REALISTIC. How is this challenging, yet achievable?


TIME SENSITIVE. When will I stop to assess if it’s working?


FINAL GOAL


Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping people grow in spirit, mind and body.