

# Brentwood Family YMCA

## Youth Programs

# Kids Gym



Kid's Gym is a fee-based program for kids to work on being fit while parents do the same. The staff is "hands-on" interacting with the children as they enjoy active play by building and climbing on soft mat mountains, jumping in the moonwalk, shooting baskets or playing parachute games.

Parents Time Out is an opportunity for parents to register their children in Kids Gym and go off-site for up to three hours. (special policies posted in Kids Gym)  
 Family Gym is also available as part of the YMCA's ongoing commitment to "building strong families". This is quality time set aside for parent and child to have interactive play in the Kid's Gym. Family Gym, a time for parent/child play, is free with a Family Membership.

Ages	Class Days	Meeting Time	Location	Cost per session	Registration Code
2-6	M,T,W,Th,F M,T,W,Th S	8:00 am – 1:00 pm 4:00 pm – 8:00 pm 8:00 am – 11:30 am	Kids Gym	\$3.50 per hour \$40 for 13 visit card \$20 for 6 visit card	Counter sale
Family Gym	M,W T,T S	12:30 am – 1:00 pm 6:30 pm – 7:00 pm 11:00 am – 11:30 am	Kids Gym	Free to members with Family Membership	



For more information contact 373-YMCA



Our mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.