

Let's Dance!

New dance classes for youth and adults

- ▼ Build self-confidence while learning about dance and creative movement
- ▼ Learn from an instructor with more than 30 years of dance experience
- ▼ Classes include elements of ballet, jazz and hip-hop
- ▼ Quarterly performance opportunities!

Class Schedule

Youth Classes (ages 3-12)

Days

Mondays and Wednesdays

Times

Ages 3-4: 3:30-4:15 p.m.

Ages 5-7: 4:15-5:15 p.m.

Ages 8-12: 5:15-6:15 p.m.

Cost (per monthly session)

\$50 first child/\$45 each additional child for facility members; \$75 first child/\$70 each additional child for program members

Adult Classes (ages 13 and up)

Days

Saturday

Time

9:30-10:30 a.m.

Cost (per monthly session)

\$35 first adult/\$30 each additional family member for facility members; \$50 first adult/\$45 each additional family member for program members

Classes begin March 1! *Sign up now!*

Visit the **Welcome Center** or call
646-9622 for more information.

About the Instructor



Sonja Becknell's extensive dance experience began more than 30 years ago with the City Ballet of Houston and has since seen her travel the world as a professional dancer while training with leading instructors in ballet, jazz, ballroom

and other dance styles. She has also shared her enthusiasm and expertise by teaching dance to people of all ages and abilities. She is delighted to bring her considerable knowledge and passion for dance to Bellevue Family YMCA and Turner Senior Center.

The Bellevue Family YMCA and J. L. Turner Lifelong Learning Center is a partnership between the YMCA of Middle Tennessee and Senior Citizens, Inc.



*We build
strong **kids**, strong **families**,
strong **communities**.*

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.

SCI Mission: To help adults 50 and older maintain their independence and active involvement in the community through comprehensive services, advocacy and community education.