

Bellevue Family YMCA and FiftyForward J. L. Turner Center

8101 Highway 100 ▼ Nashville, TN 37221
(615) 646-9622 ▼ www.ymcamidtn.org

2008 Fall Swim Lessons

Class Groupings

Parent/Child (6-36 months)

Parents accompany their children in the pool to acquaint them with the water environment. Instructors show parents how to work with their child in the pool.

Preschool (ages 3-5)

These lessons offer many children their first experience in the pool without parental assistance. Participants are divided into four levels of skill progression while learning basic pre-swim skills.

Youth (ages 6-14)

Participants are divided into six levels of skill progression while developing greater swimming ability.

Adults (9th grade and older)

Participants are grouped with peers of similar ability while working on improving their swimming skills.

Swim Lesson Rates

Group Lessons

Classes Frequency	Facility Members	Program Members*
6 lessons per session	\$51	\$77

Private Lessons (4 Classes)

\$100 for facility member, \$150 for program member

* Program members must pay \$45 per family for an annual YMCA program membership.

Open Doors Policy

The YMCA strives to keep its doors open to everyone, regardless of financial circumstances. Ask about financial assistance that may be available to you based on your household income.

Fall Class Schedule

Monday/Wednesday Sessions

Class Times:

Parent/Child	10-10:30 a.m.
Preschool	10:40-11:20 a.m.
	4-4:40 p.m.
Youth	4:50-5:30 p.m.
Adult	5:40-6:20 p.m.

Tuesday/Thursday Sessions

Class Times:

Parent/Child	10-10:30 a.m.
Preschool	10:40-11:20 a.m.
	4-4:40 p.m.
Youth	4:50-5:30 p.m.
Adult	5:40-6:20 p.m.

Class Dates (weekday sessions):

Aug. 11-28	Sept. 1-18
Sept. 22-Oct. 9	Oct. 13-30
Nov. 3-20	Dec. 1-18

Saturday Sessions

Class Times:

Parent/Child	9-9:30 a.m.
Preschool	9:40-10:20 a.m.
Youth	10:30-11:10 a.m.

Class Dates:

Sept. 6-Oct. 11	Oct. 18-Nov. 22
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Register online at www.ymcamidtn.org.

*Fifty
Forward*

YMCA
of Middle Tennessee
We build strong **kids**, strong **families**,
strong **communities**.