

Martial Arts

Franklin Family YMCA

Instructor Ray Choquette will teach Karate & Taekwondo as a way to develop spirit, mind and body. Martial Arts is a great way to increase speed, strength and endurance while building self-esteem and confidence.

Kids Ages 5-15

All sessions begin on the first Tuesday of each month.

Beginners

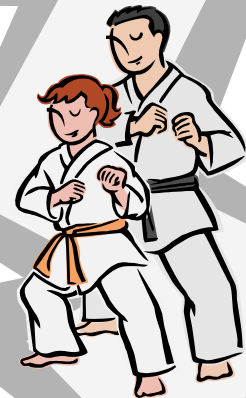
Class Day: Tuesdays and Thursdays
Time: 4:15-4:45PM

Fees: Facility Members \$38.00/Per Month
Program Members \$68.00/Per Month

Advanced

Class Day: Tuesdays and Thursdays
Time: 4:45-5:30PM

Fees: Facility Members \$53.00/Per Month
Program Members \$82.00/Per Month



Adults: 16 and older

Classis Karate is a combination of Karate and JiuJitsu with a Power Yoga warm up. Instructor Ray Choquette has been teaching for 21 years.

Adult

Class Day: Saturday
Time: 10:30-11:30AM

Fees: Facility Members \$53.00/Per Month
Program Members \$82.00/Per Month

Register at the Member Service Desk. Space is limited.

\$5.00 discount for second child. Person signing up for multiple sessions will receive a \$5.00 discount for each additional session.

Fees are due at the 1st of each month. Fees received after the 10th of each month will result in a \$15 late fee.

