

Y AQUATICS

We build strong **kids**, strong **families**, strong **communities**.

Teaching Pool Hours

Beginning Monday, June 30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 - 7:30 AM Open	7 - 8:30 AM Open	7 - 7:30 AM Open	7 - 8:30 AM Open	7 - 8 AM Open	6 - 8:30 AM Open	
7:30 - 8:30 AM H2O Conditioning (Pool Closed)		7:30 - 8:30 AM H2O Conditioning (Pool Closed)		8 - 9 AM Liquid Fit (Pool Closed)		
8:30 - 9:30 AM Silver Splash (Pool Closed)	8:30 - 10 AM 30/30/30 (Pool Closed)	8:30 - 9:30 AM Silver Splash (Pool Closed)	8:30 - 10 AM Aquacise (Pool Closed)	9 - 10 AM Senior Splash (Pool Closed)	8:30 - 10 AM Aquacise (Pool Closed)	
9:30 - 10:30 AM Senior Splash (Pool Closed)	10-10:30 AM Swim Lessons (Pool Closed)	9:30 - 10:30 AM Senior Splash (Pool Closed)	10-10:30 AM Swim Lessons (Pool Closed)	10:30 - 11:30 AM Anointed Joints (Pool Closed)	10 AM - 12 PM Swim Lessons (Pool Closed)	
10:30 - 11:30 AM Anointed Joints (Pool Closed)	10:30AM-4:30PM Open	10:30 - 11:30 AM Anointed Joints (Pool Closed)	10:30AM-4:30PM Open	11:30 AM -- 6:00 PM Open	12 - 7:45 PM Open	1 - 5:45 PM Open
11:30 AM -- 6:00 PM Open	4-6 PM Swim Lessons (Pool Closed)	11:30 AM -- 4:30 PM Open	4-6 PM Swim Lessons (Pool Closed)	6 - 7 PM Liquid Fit (Pool Closed)		
6 - 7 PM Liquid Fit (Pool Closed)	6 - 9:45 PM Open	6 - 9:45 PM Open	6 - 9:45 PM Open	7 - 9:45 PM Open		
7 - 9:45 PM Open						

- Lap pool hours on other side
- Swimsuits are required to get into the pool.
- Children under 10 years old MUST be accompanied by an adult (18 or +) at all times.



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Lap Pool Hours

Beginning Monday, June 30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 AM - 9:45 PM Open	5 AM - 9:45 PM Open	5 AM - 9:45 PM Open	5 AM - 9:45 PM Open	5 AM - 8:45 PM Open	6 AM - 7:45 PM Open	1 - 5:45 PM Open

-  Therapy pool hours on other side
-  Swimsuits are required to get into the pool.
-  Children under 10 years old **MUST** be accompanied by an adult (18 or +) at all times.



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