

# Youth Activity Center Maryland Farms YMCA

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The Youth Activity Center "Yurt" is the new home to several youth activity programs: Y-Action, YAC Time and Hangtime.

**YAC Time** is the general youth activity time available to Y members. The YAC provides the opportunity for kids to be active with the Hoist fitness equipment, Sportswall, DDR, and outdoor physical activity. YAC wellness coaches will be present to monitor and guide participants on the fitness equipment and activities. Wellness coaches will also modify equipment settings in between age groups for size and strength. YAC staff are present to manage participant registration, signing in/out, restroom breaks and general supervision. YAC staff provide a daily craft for participants as well as games and other activities. For general facility use there is a 2-hour limit per day, per child.

**YAC School Year Hours:**  
**Monday – Thursday 4pm-7pm**  
**Friday CLOSED**  
**Saturday 8am-3pm Sunday 1pm-4pm**

**Hangtime** is a youth program held after school for YMCA members that offers fun and organized activities such as arts & crafts and board games. Hangtime will also provide the opportunity for kids to be active with the Hoist fitness equipment, Sportswall and DDR. Hangtime will use the YAC space Monday – Thursday from 4:00-7:00 with a 2 hour limit per day, per child. YAC wellness coaches will be present to monitor and guide participants on the fitness equipment and activities. Hangtime staff will be present to manage participant registration, signing in/out, restroom breaks and general supervision. Because Y-Action is a fee-based program, these participants will have priority on use of circuit fitness equipment during applicable age group schedule. Staff will clean equipment and facility at the end of the day as per procedure on wellness floor. Hangtime runs only when schools are in session.

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