

Maury County Family YMCA

1446 Oak Springs Drive ▼ Columbia, TN 38401

(931) 540-8320 ▼ www.ymcamidtn.org

2008 Fall Swim Lessons

Class Types

Private: Receive one-on-one, personalized instruction.

Group: Enjoy learning with others your age and ability level.

Class Groupings

Parent/Child (6-36 months)

Parents accompany their children in the pool to acquaint them with the water environment. Instructors show parents how to work with their child in the pool.

Preschool (ages 3-5)

These lessons offer many children their first experience in the pool without parental assistance. Participants are divided into four levels of skill progression while learning basic pre-swim skills.

Youth (ages 6-14)

Participants are divided into six levels of skill progression while developing greater swimming ability.

Open Doors Policy

The YMCA strives to keep its doors open to everyone, regardless of financial circumstances. Ask about financial assistance that may be available to you based on your household income.

Swim Lesson Rates

Group Lessons

Class Frequency	Facility Members	Program Members*
6 lessons per session	\$47	\$70

Private Lessons (4 lessons)

\$100 facility members, \$150 program members*

* Program members must pay \$45 per family for an annual YMCA program membership.

Fall Class Schedule

Monday/Wednesday Sessions

Class Times:

Parent/Child	10-10:30 a.m.
Preschool	10:30-11:15 a.m.

Class Dates:

Aug. 4-20	Sept. 1-17
Oct. 6-22	Nov. 3-19
Dec. 1-17	

Tuesday/Thursday Sessions

Class Times:

Preschool	4:30-5:15 p.m.
Youth	5:30-6:15 p.m.

Class Dates:

Aug. 5-21	Sept. 2-18
Oct. 7-23	Nov. 4-20
Dec. 2-18	

Saturday Sessions

Class Times:

Preschool	9:15-10 a.m.
Youth	10:15-11 a.m.

Class Dates:

Sept. 6-Oct. 11	Oct. 18-Nov. 22
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Register online at ymcamidtn.org!

YMCA
of Middle Tennessee

We build strong **kids**, strong **families**,
strong **communities**.

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.