



AQUATICS

We build strong **kids, strong families, strong communities.**



RECREATION POOL SCHEDULE FALL SCHEDULE 2007

TIME	MON	TUES	WED	THURS	FRI	TIME	SAT	TIME	SUN
5:00 A	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	7:00 A	OPEN SWIM	1:00 P	OPEN SWIM
8:00 A	OPEN SWIM	OPEN SWIM	Twinges & Hinges/ Open Swim	OPEN SWIM	OPEN SWIM	8:30 A	WATER AEROBICS till 9:30/ OPEN SWIM till 9:00	3:00 P-6:00 P	OPEN SWIM
8:30 A	OPEN SWIM	Twinges & Hinges till 9:30/ Open Swim	Twinges & Hinges/ Open Swim	Twinges & Hinges till 9:30/ Open Swim	OPEN SWIM	9:00 – 10:00	***** LESSONS *****	5:30 P	POOL CLOSED
9:00A	WATER AEROBICS/ OPEN SWIM	OPEN SWIM	WATER AEROBICS/ OPEN SWIM	OPEN SWIM	WATER AEROBICS/ OPEN SWIM	10:00 – 11:00	LESSONS/ OPEN SWIM		
10:00 A	LESSONS/ OPEN SWIM	OPEN SWIM	LESSONS/ OPEN SWIM	OPEN SWIM	OPEN SWIM	4:00 P	OPEN SWIM		
12:00	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	6:30 P	CLOSED		
4:00P	OPEN SWIM	LESSONS/ OPEN SWIM	OPEN SWIM	LESSONS/ OPEN SWIM	OPEN SWIM				
5:00 P	OPEN SWIM	LESSONS/ OPEN SWIM	OPEN SWIM	LESSONS/ OPEN SWIM	OPEN SWIM				
5:30 P	WATER AEROBICS/ OPEN SWIM	LESSONS/ OPEN SWIM	WATER AEROBICS/ OPEN SWIM	LESSONS/ OPEN SWIM	OPEN SWIM				
6:30	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM				
7:00 P	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM				
8:30P	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	POOL CLOSED				
9:30 P	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED					

- CHILDREN UNDER THE AGE OF 12 ARE NOT ALLOWED IN THE WHIRLPOOL – CHILDREN UNDER THE AGE OF 16 ARE NOT ALLOWED IN THE STEAM ROOM AND SAUNA.
- CHILDREN UNDER 7 MUST HAVE A PARENT OR ADULT OVER THE AGE OF 18 PARTICIPATE WITH THEM – PARENT OR GUARDIAN MUST BE WITHIN ARMS REACH UNLESS THE CHILD PASSES A SWIM TEST – PLEASE SEE THE LIFEGUARD
- ***** DURING THESE POSTED TIMES, THERE IS NO RECREATIONAL/OPEN SWIM *****



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LAP POOL SCHEDULE FALL SCHEDULE 2007

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
5:00A	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	7:00 AM LAP SWIM	1:00P ADULT LAP SWIM
8:00 A	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	ADULT LESSONS/ LAP SWIM	ADULT LAP SWIM
9:00 A	LAP SWIM	DEEP WATER AEROBICS 2 LANES	LAP SWIM	DEEP WATER AEROBICS 2 LANES	LAP SWIM	LESSONS/ LAP SWIM	ADULT LAP SWIM
10:00A	LAP SWIM/ LESSONS TILL 10:45	LAP SWIM	LAP SWIM/ LESSONS TILL 10:45	LAP SWIM	LAP SWIM	LESSONS/ LAP SWIM	ADULT LAP SWIM
12:00 P	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	LAP SWIM
4:30P	LAP SWIM	LESSONS/ LAP SWIM	LAP SWIM	LESSONS/ LAP SWIM	LAP SWIM	6:30 P CLOSED	5:30 P CLOSED
5:00 P	LAP SWIM	YOUTH SWIM TEAM/ ADULT LAP SWIM ONE LANE	LAP SWIM	YOUTH SWIM TEAM/ ADULT LAP SWIM ONE LANE	LAP SWIM		
6:00 P	ADULT LAP SWIM	DEEP WATER AEROBICS 2 LANES/ ADULT LAP SWIM ONE LANE	ADULT LAP SWIM	DEEP WATER AEROBICS 2 LANES/ ADULT LAP SWIM ONE LANE	ADULT LAP SWIM		
7:00 P	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM		
9:30P	CLOSED	CLOSED	CLOSED	CLOSED	8:30P CLOSED		

- CHILDREN UNDER THE AGE OF 12 ARE NOT ALLOWED IN THE WHIRLPOOL – CHILDREN UNDER THE AGE OF 16 ARE NOT ALLOWED IN THE STEAM ROOM AND SAUNA.
- CHILDREN UNDER 7 MUST HAVE A PARENT OR ADULT OVER THE AGE OF 18 PARTICIPATE WITH THEM WITHIN ARMS REACH OF THE CHILD UNLESS THE CHILD HAS PASSED A SWIM TEST – PLEASE SEE THE LIFEGUARD

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in **spirit, mind and body**.