

INDOOR CYCLE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15am		Indoor Cycle Leann/Stacy 45Min		Indoor Cycle Gina45 Min		Indoor Cycle Leann/Connie 45Min	
8:15am						Indoor Cycle Vivan 45Min	
8:30am							Indoor Cycle Stacy 45Min
9:30am		Indoor Cycle Deanna 45Min					Indoor Cycle Vivian/Kara 30Min
10:15am			Indoor Cycle Monica 45Min	Indoor cycle Kara			
4:30pm				Indoor Cycle Deanna 45Min			
5:00pm							
5:30pm		Indoor Cycle Lisa W. 45Min	Indoor Cycle Connie 45Min	Indoor Cycle Danette 45Min	Indoor Cycle Lisa C. 30Min	Indoor Cycle Bridgette 45min	
6:00pm							
6:30pm		Indoor Cycle Connie 45Min	Indoor Cycle Amy 45 min		Indoor cycle Kara 45 min		