

Join the Sumner County Family YMCA

Competitive Swim Team

	<u>Members</u>	<u>Program Members</u>
Two days / week	\$50 / month	\$70 / month*

* Program Membership: \$45 per family annually.

The YMCA competitive swim program is a great way for children between the ages of 5 and 18 to have fun while learning the proper techniques for the four competitive swim strokes (butterfly, backstroke, breaststroke and freestyle). Children will get great exercise as they swim laps, enjoy water games, and practice the strokes. They will also experience personal growth as they focus on being good sports and having fun with competition at the YMCA swim meets!

The swim team is divided into the following two groups:

- 1) **Beginners** ~ Beginners meet on Mondays & Fridays from 4:30-5:15. Swimmers practice two days per week and sign up for a month at a time.
- 2) **Intermediate/Advanced** ~ Swim Practices are on Mondays & Fridays from 4:30 – 6:00. Swimmers practice two days per week and sign up for a month at a time.

Winter/Spring 2008 Swim Meet Schedule: To Be Announced

Swimmers are encouraged to participate in our YMCA swim meets, but they are not mandatory.

Dates are subject to change or additional dates may be added.

Swim meet fees are \$10.00 per meet. The swim team coach or a team parent will collect meet fees at the meet.



We build strong **kids**, strong **families**,
strong **communities**.

Our Mission:

A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.