

Robertson County | September 15th - September 21st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball - Half Court Side A (Front Half of Gym)	3:30PM-9:00PM (Gym)	3:30PM-9:00PM (Gym)	3:30PM-9:00PM (Gym)	3:30PM-6:00PM (Gym)	3:30PM-8:00PM (Gym)	11:00AM-6:00PM (Gym)	
Open Gym - Half Court Side B (Back Half of Gym)	3:30PM-5:00PM (Gym)	3:30PM-5:00PM (Gym)	3:30PM-5:00PM (Gym)	3:30PM-5:00PM (Gym)	3:30PM-5:00PM (Gym)	11:00AM-6:00PM (Gym)	
	5:30PM-9:00PM (Gym)	5:30PM-9:00PM (Gym)	5:30PM-9:00PM (Gym)	5:30PM-6:00PM (Gym)	5:30PM-8:00PM (Gym)	11:00PM-12:00PM (Gym)	
Full Body Strength Studio B	4:30PM-5:00PM (Strength) Katy H.			8:15AM-9:00AM (Strength) Syndi N.			
YAC Time Side B (Back Half of Gym)	5:00PM-5:30PM (Gym)	5:00PM-5:30PM (Gym)	5:00PM-5:30PM (Gym)	5:00PM-5:30PM (Gym)	5:00PM-5:30PM (Gym)		
Indoor Cycling Studio B	5:30PM-6:15PM (Cycling) Amanda J.			5:15AM-6:00AM (Cycling) Stacey S.			
Dance Blast Studio A	5:30PM-6:15PM (Dance) <i>Liesa E.</i>	10:40AM-11:25AM (Dance) <i>Lisa C.</i>			10:40AM-11:25AM (Dance) <i>Liesa E.</i>		
H2O Circuit Indoor Pool	6:00PM-7:00PM (Aquatics) Lena M.		9:15AM-10:00AM (Aquatics) Ericka G. 6:00PM-7:00PM (Aquatics) Lena M.	8:15AM-9:15AM (Aquatics) Juliet H.			
Group Exercise Class - Pool Indoor Pool	6:00PM-7:00PM (Lap Pools)	8:00AM-9:00AM (Lap Pools)	8:15AM-10:00AM (Lap Pools) 6:00PM-7:00PM (Lap Pools)	8:15AM-9:00AM (Lap Pools)	8:15AM-9:00AM (Lap Pools)		
Full Body Strength Studio A	6:30PM-7:30PM (Strength) Amanda B.	9:30AM-10:30AM (Strength) <i>Lisa C.</i>	9:30AM-10:15AM (Strength) <i>Michele I.</i> 6:00PM-7:00PM (Strength) <i>Amanda B.</i>		9:30AM-10:30AM (Strength) <i>Lisa C.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim (Full Pool) Indoor Pool	7:00PM-8:30PM (Lap Pools)	6:00AM-8:00AM (Lap Pools)	6:00AM-8:00AM (Lap Pools)	6:00AM-8:15PM (Lap Pools)	6:00AM-8:15AM (Lap Pools)	7:00AM-10:00AM (Lap Pools)	12:00PM-4:30PM (Lap Pools)
		9:00AM-5:30PM (Lap Pools)	10:00AM-6:00PM (Lap Pools)	9:00AM-8:30PM (Lap Pools)	9:00AM-5:30PM (Lap Pools)	12:40PM-5:30PM (Lap Pools)	
		7:00PM-8:30PM (Lap Pools)	7:00PM-8:30PM (Lap Pools)		7:00PM-7:30PM (Lap Pools)		
Open Gym Gym		5:00AM-9:00AM (Gym)	11:00AM-3:30PM (Gym)	5:00AM-3:30PM (Gym)			12:00PM-2:00PM (Gym)
		11:30AM-3:30PM (Gym)		8:00PM-9:00PM (Gym)			
BODYPUMP Studio A		5:05AM-6:05AM (Strength) <i>Mari T.</i>	8:15AM-9:15AM (Strength) <i>Lisa W.</i>	5:05AM-6:05AM (Strength) <i>Mari T</i> .	8:15AM-9:15AM (Strength) <i>Kelli M</i> .	8:05AM-9:05AM (Strength) <i>Vivian P.</i>	
H2O Cardio Indoor Pool		8:00AM-9:00AM (Aquatics) <i>Mandy F</i> .	8:15AM-9:00AM (Aquatics) <i>Ericka G</i> .		8:00AM-9:00AM (Aquatics) Juliet H.		
BARRE Studio B		8:15AM-9:15AM (Mind & Body) Amanda B.		5:30PM-6:30PM (Mind & Body) Amanda B.			
Step Studio A		8:30AM-9:15AM (Cardio) Veronica (.		8:30AM-9:15AM (Cardio) Veronica (.			
Open Gym - Half Court Side A (Front Half of Gym)		9:00AM-11:30AM (Gym)					
YMCA Programming (Area Closed) Side B (Back Half of Gym)		9:00AM-11:30PM (Gym)					
AOA Yoga Studio B		10:00AM-11:00AM (Active Older Adults) Leslie B.			10:30AM-11:30AM (Active Older Adults) Wendy W.		
Centering Practice Studio A		11:35AM-12:05PM (Mind & Body) <i>Emily W.</i>			11:40AM-12:10PM (Mind & Body) <i>Emily W.</i>		
Yoga Studio A		4:15PM-5:15PM (Mind & Body) Leslie B.				10:20AM-11:20AM (Mind & Body) Leslie B.	
Kickboxing Studio A		5:30PM-6:30PM (Martial Arts) Brandon B.				9:20AM-10:05AM (Martial Arts) Brandon B.	
Swim Team - 3 Lanes Indoor Pool		5:30PM-7:00PM (Lap Pools)			5:30PM-7:00PM (Lap Pools)		
Pickleball Gym			5:00AM-11:00AM (Gym)	6:00PM-8:00PM (Gym)	5:00AM-11:00AM (Gym)	7:00AM-11:00AM (Gym)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Boot Camp Studio A			5:05AM-6:05AM (Circuit Training) Stacey S.		5:05AM-6:05AM (Circuit Training) Keegan R.		
Intro to Cycling Studio B			7:00AM-7:45AM (Cycling) Janet D.				
AOA Strength Studio A			10:30AM-11:30AM (Active Older Adults) Michele I.	10:40AM-11:40AM (Active Older Adults) tammie e.			
Basic Yoga Studio B			10:45AM-11:45PM (Mind & Body) Leslie B.				
Vinyasa Yoga Studio A				9:25AM-10:25AM (Mind & Body) Sissy H.			
Line Dancing Studio A				5:30PM-6:30PM (Dance) Lena M.			
Cycle Blast Studio B					5:15AM-6:00AM (Cycling) Brandon B.		
Zumba Studio A					5:30PM-6:30PM (Dance) <i>Miriam W.</i>		
Cycle/Strength Fusion Studio B						9:00AM-10:00AM (Cycling) Amanda J.	
Swim Lessons - Pool Open Indoor Pool						10:00AM-12:40PM (Lap Pools) 10:00PM-12:40PM (Lap Pools)	
YMCA Programming (Area Closed) Gym							2:00PM-5:00PM (Gym)