



Green Hills Y | March 23rd - March 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Basketball Gym - Court 1							9:00AM-1:00PM (Gym)
Open Gym Basketball Gym - Court 2							9:00AM-1:00PM (Gym)
Open Swim - 2 Lanes Indoor Pool							9:00AM-2:00PM (Lap Pools) 3:00PM-6:30PM (Lap Pools)
Lap Swim - 4 Lanes Indoor Pool							9:00AM-2:00PM (Lap Pools) 3:00PM-6:30PM (Lap Pools)
Tai Chi Yoga Studio							9:05AM-10:30AM (Mind & Body) <i>harry k.</i>
BODYPUMP GX Studio							9:15AM-10:15AM (Strength) <i>Gerry M.</i> 1:00PM-2:00PM (Strength) <i>Edie K.</i> 5:00PM-6:00PM (Strength) <i>Andrew H.</i>
Zumba GX Studio							10:30AM-11:30AM (Dance) <i>Michelle P.</i>
BARRE Yoga Studio							10:30AM-11:30AM (Mind & Body) <i>Madeline P.</i>
Boot Camp GX Studio							11:35AM-12:35PM (Circuit Training) <i>Madeline P.</i>
Yoga Yoga Studio							12:00PM-1:00PM (Mind & Body) <i>Jenni C.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Group Exercise Class - Pool Indoor Pool							1:00PM-2:00PM (Lap Pools)
H2O Cardio Indoor Pool							1:00PM-2:00PM (Aquatics) <i>Lisa C.</i>
Open Gym Basketball Gym							2:00PM-7:00PM (Gym)
Lap Swim - 3 Lanes Indoor Pool							2:00PM-3:00PM (Lap Pools)
Step/Strength Fusion GX Studio							2:05PM-3:00PM (Circuit Training) <i>Teresa A.</i>
Vinyasa Yoga Yoga Studio							2:15PM-3:15PM (Mind & Body) <i>Patricia T.</i>
Dance Blast GX Studio							3:00PM-4:00PM (Dance) <i>Ashley K.</i>
Indoor Cycling Cycle Studio							3:00PM-4:00PM (Cycling) <i>Christine S.</i>
Barre/Pilates Fusion Yoga Studio							3:30PM-4:30PM (Mind & Body) <i>Stephanie M.</i>