



Brentwood | March 30th - April 5th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim - 6 Lanes Indoor Pool						7:00AM-8:00AM (Lap Pools)	
Basketball - Full Court Gym (Both Sides)						7:00AM-12:30PM (Gym)	
Full Body Strength Studio A						7:10AM-8:25AM (Strength) <i>Angela T.</i> 8:30AM-9:15AM (Strength) <i>DeeAnn S.</i>	
Swim Lessons/Lap Swim - 1 Lane Indoor Pool						8:00AM-12:30PM (Lap Pools)	
Advanced Step Studio C						8:20AM-9:15AM (Cardio) <i>Tim T.</i>	
Basic Yoga Studio E						8:25AM-9:25AM (Mind & Body) <i>Lou A.</i>	
Indoor Cycling Cycle/B						8:25AM-9:30AM (Cycling) <i>Jeff C.</i>	
Pilates Reformer (\$) Pilates Reformer Studio						9:00AM-9:50AM (Fee Based Classes) <i>Evan L.</i> 10:00AM-10:50AM (Fee Based Classes) <i>Evan L.</i>	
BARRE Studio C						9:25AM-10:30AM (Mind & Body) <i>Barbara J.</i>	
Boot Camp Studio A						9:30AM-10:35AM (Circuit Training) <i>Angela T.</i>	
Mat Pilates Studio C						10:45AM-11:45AM (Mind & Body) <i>Stacie P.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Impact Cardio Studio A						10:45AM-11:45AM (Cardio) <i>Sarah B.</i>	
Intro to Pilates Reformer Pilates Reformer Studio						11:00AM-11:30AM (Mind & Body) <i>Evan L.</i>	
Pickleball Gym - South Side						12:30PM-4:00PM (Gym)	
Basketball - Full Court Gym - North Side						12:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym)
Open Swim & Lap Swim - 2 Lanes Indoor Pool						1:00PM-6:30PM (Lap Pools)	
Basketball - Half Court Gym (Both Sides)						4:00PM-6:45PM (Gym)	9:00AM-1:30PM (Gym) 4:00PM-6:45PM (Gym)
Open Swim & Lap Swim Indoor Pool							9:00AM-6:30PM (Lap Pools)
Pickleball Gym (Both Sides)							1:30PM-4:00PM (Gym)