



Franklin | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim - 3 Lanes Pool						7:00AM-5:30PM (Lap Pools)	12:30PM-5:30PM (Lap Pools)
Open Swim (Full Therapy Pool) Therapy Pool						7:00AM-7:15AM (Therapy And Warm Water Pools) 9:45AM-7:45PM (Therapy And Warm Water Pools)	12:30PM-5:45PM (Therapy And Warm Water Pools)
Open Gym Gym						7:00AM-12:00PM (Gym) 3:00PM-6:00PM (Gym)	9:00AM-6:00PM (Gym)
H2O Circuit Pool						7:30AM-8:25AM (Aquatics) <i>Susan M.</i> 8:30AM-9:30AM (Aquatics) <i>Susan M.</i>	
Group Exercise Class - Therapy Pool Therapy Pool						7:30AM-9:30AM (Therapy And Warm Water Pools)	
Vinyasa Yoga Studio 2						8:00AM-9:00AM (Mind & Body) <i>Julie B.</i>	
Full Body Strength Studio 1						8:00AM-9:00AM (Strength) <i>Beth P.</i>	
Les Mills SPRINT Cycle Studio						8:30AM-9:00AM (Cycling) <i>Lauren B.</i> 9:30AM-10:00AM (Cycling) <i>Wynedka P.</i>	2:30PM-3:00PM (Cycling) <i>Wynedka P.</i> 3:10PM-3:40PM (Cycling) <i>Emily M.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYCOMBAT Studio 3						9:15AM-10:15AM (Martial Arts) <i>Marcya B.</i>	
Dance Blast Studio 1						9:15AM-10:15AM (Dance) <i>Serena P.</i>	
BARRE Studio 2						9:15AM-10:15AM (Mind & Body) <i>Tara B.</i>	
Open Swim Outdoor Pool						10:00AM-5:30PM (Outdoor Pool)	12:30PM-5:30PM (Outdoor Pool)
BODYBALANCE Studio 3						10:30AM-11:30AM (Mind & Body) <i>Shannon M.</i>	
Les Mills CORE Studio 2						10:30AM-11:00AM (Strength) <i>Wynedka P.</i>	3:15PM-3:45PM (Strength) <i>Wynedka P.</i>
BODYPUMP Studio 1						10:30AM-11:30AM (Strength) <i>Marcya B.</i>	2:00PM-3:00PM (Strength) <i>Lauren B.</i>
Les Mills PILATES Studio 2						11:15AM-12:00PM (Mind & Body) <i>Wynedka P.</i>	
BODYPUMP Heavy Studio 1						12:00PM-1:00PM (Strength) <i>Amanda B.</i>	9:30AM-10:30AM (Strength) <i>Wynedka P.</i>
Pickleball Gym						12:00PM-3:00PM (Gym)	
BODYBALANCE Studio 2							12:30PM-1:30PM (Mind & Body) <i>Elizabeth P.</i>
BODYCOMBAT Studio 1							12:45PM-1:45PM (Martial Arts) <i>Grace M.</i>
Les Mills PILATES Studio 3							1:40PM-2:10PM (Mind & Body) <i>Rotating I.</i>
Dance Blast Studio 2							2:00PM-3:00PM (Dance) <i>Elizabeth P.</i>