



Bellevue | June 15th - June 21st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Group Exercise Class - Gym Basketball Gym						7:00AM-11:00AM (Gym)	
Open Swim (Full Rec Pool) Rec Pool						7:00AM-9:00AM (Rec Pools) 10:25AM-5:00PM (Rec Pools)	12:00PM-5:00PM (Rec Pools)
Lap Swim (Lanes May Vary) Lap Pool						7:00AM-5:00PM (Lap Pools)	12:00PM-5:00PM (Lap Pools)
BODYPUMP Studio 1						7:15AM-8:00AM (Strength) <i>Jerry M.</i> 10:40AM-11:35AM (Strength) <i>Melanie K.</i>	3:15PM-4:15PM (Strength) <i>Bond N.</i>
Boot Camp Basketball Gym						7:15AM-8:15AM (Circuit Training) <i>Renata S.</i>	
BODYBALANCE Cycling Studio						7:30AM-8:15AM (Mind & Body) <i>Virtual I.</i> 2:40PM-3:25PM (Mind & Body) <i>Virtual I.</i>	
Group Exercise Class - Rec Pool Rec Pool						8:05AM-9:05AM (Rec Pools)	
H2O Circuit Rec Pool						8:05AM-8:55AM (Aquatics) <i>Linda D.</i>	
Dance Blast Studio 1						8:15AM-9:15AM (Dance) <i>Lucy M.</i>	2:10PM-3:05PM (Dance) <i>Megan M.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BARRE Studio 2						8:20AM-9:20AM (Mind & Body) <i>Melanie K.</i>	1:15PM-2:10PM (Mind & Body) <i>Melanie K.</i>
Indoor Cycling Cycling Studio						8:30AM-9:15AM (Cycling) <i>John C.</i>	
BODYATTACK Basketball Gym						8:30AM-9:25AM (Cardio) <i>Amy C.</i>	
Line Dancing Community Room						8:30AM-9:25AM (Dance) <i>Sue H.</i>	
Swim Lessons - Rec Pool Open Rec Pool						9:00AM-10:25AM (Rec Pools)	
AOA Cardio Community Room						9:30AM-10:20AM (Active Older Adults) <i>Sue H.</i>	
Stretch & Recover Studio 2						9:30AM-10:25AM (Mind & Body) <i>Melanie K.</i>	2:20PM-3:05PM (Mind & Body) <i>Melanie K.</i>
BODYCOMBAT Studio 1						9:30AM-10:30AM (Martial Arts) <i>Grace M.</i>	
Les Mills GRIT Series Basketball Gym						9:40AM-10:10AM (Circuit Training) <i>Shannon B.</i>	
Virtual Les Mills SPRINT Cycling Studio						9:45AM-10:15AM (Virtual) 2:05PM-2:35PM (Virtual)	
Les Mills CORE Basketball Gym						10:20AM-10:50AM (Strength) <i>Bond N.</i>	
AOA Strength Community Room						10:30AM-11:20AM (Active Older Adults) <i>Sue H.</i>	
Virtual Les Mills THE TRIP Cycling Studio						10:30AM-11:15AM (Virtual)	3:30PM-4:15PM (Virtual)
Mat Pilates Studio 2						10:35AM-11:35AM (Mind & Body) <i>Jennifer Y.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Basketball Gym						11:00AM-12:30PM (Gym) 2:30PM-6:00PM (Gym)	12:00PM-6:00PM (Gym)
BODYBALANCE Studio 2						11:45AM-12:45PM (Mind & Body) <i>Chaley B.</i>	12:05PM-1:05PM (Mind & Body) <i>Gail M.</i> 4:30PM-5:30PM (Mind & Body) <i>Jennifer Y.</i>
Adult Basketball Basketball Gym						12:30PM-2:30PM (Gym)	
BODYPUMP Cycling Studio						1:00PM-2:00PM (Strength) <i>Virtual I.</i>	
BODYCOMBAT Cycling Studio						3:30PM-4:30PM (Martial Arts) <i>Virtual I.</i>	
Virtual Les Mills RPM Cycling Studio						4:30PM-5:15PM (Virtual)	12:10PM-1:00PM (Virtual)
Kickboxing Studio 1							12:05PM-12:50PM (Martial Arts) <i>Sheyn L.</i>
BODYPUMP Heavy Studio 1							1:05PM-2:05PM (Strength) <i>Shannon B.</i>
Les Mills CORE Cycling Studio							1:10PM-1:40PM (Strength) <i>Virtual I.</i> 4:25PM-4:55PM (Strength) <i>Virtual I.</i>
Les Mills SPRINT Cycling Studio							2:25PM-2:55PM (Cycling) <i>Bond N.</i>
Yin Yoga Studio 2							3:15PM-4:25PM (Mind & Body) <i>LaRae S.</i>